當一個負責任的旅人,台灣中旅社邀請您與我們攜手共同為我們的地球盡我們的力量。讓永續環保的概念能在我們旅行一樣可以很輕鬆且很有責任的做到。

With us - a Classic and Gorgeous Journey

As a responsible traveler, CTS Taiwan invites you to join with us to do our best for our earth. Let the concept of sustainable environmental protection be as easy and responsible as we travel.

CEILIA@CHINATRAVEL.COM.TW









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同時,台灣中旅社也加入了"奉茶行動",只 要在您需要時,可以攜帶您的水瓶,來到我 們的櫃台,我們的同仁,會協助您加水。讓 永續環保確實的落實在我們的生活。

https://www.circuplus.org/



CEILIA@CHINATRAVEL.COM.TW







CEILIA@CHINATRAVEL.COM.TW



Do bring your own water bottle

▶ 攜帶您自己的水壺

Investing in a reusable water bottle is an easy first step to avoiding single-

use plastic: look for lightweight and durable BPA-free bottles.

In Taiwan, it is easy to refill the drinking water in Hotel, Restaurant, MRT

Station and most of tourist attraction place.



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Do turn off the light when you leave the room

▶ 隨手關燈,當您離開您的房間

Ensure to turn everything off before leaving your room, and leave your message to remind your hotel to avoid turn on the unnecessary equipment., e.g., but return to find the lights blazing, the ceiling fan whirling, and even – for some unfathomable reason – the television playing to itself.



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Do use reef-safe sunscreen

▶ 請務必使用物理性防曬油(礦物防曬)

Sea-swimmers and snorkellers take note: regular sun creams contain oxybenzone and octinoxate, which wreak havoc on marine life. The moment you slip into the water, they do too – polluting the ecosystem and even contributing to coral bleaching.

Palau, Hawaii and Florida's Key West have already pledged to ban the sale of sunscreens with these ingredients, asking visitors to use mineral-based reef-safe creams instead.



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Do make ethical food choices

▶ 請選擇當地,當季的食物

Eating local produce, that is in season, not only supports a more sustainable food industry but also invests in small businesses. This is one of the best ways to be sustainable on holiday. Delve into the array of regional food on offer and enjoy fresh produce. Go to farmers' markets, book farm-to-table restaurants or eat in-house at wineries and farm-cafés – even experiment with fruits and veg you've never seen before. Give your custom to the establishments that support local farmers, grow their own crops and buy seafood from fishermen using pole and line methods.



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➢ Reuse linen and towels➢請重覆使用您的床單及毛巾

You know the drill: leave your towel hanging up if you want to reuse it, or put it on the floor if you want a fresh one.

You can leave a note - 'don't replace!', or even bringing your own.







> Do bring your personal items

▶ 請攜帶您個人的盥洗用品

When you travel, take personal items such as toothbrushes with you. Zero waste and reusable products help to reduce the amount of waste that goes into landfills.

For example, <u>zero waste toothpaste</u> comes with no packaging, or packaging that is recyclable.



上海岡系地高部4月7王頁機構 EIMP24月
SHANGHAICOMMERCIAL& SAVINGS BANK GROUP
Weighter Strand Comp Methods Party

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> Do Choose the more sustainable accommodation

>選擇環保飯店

staying in eco-friendly accommodations reduces the impact of tourism on the environment. From <u>renewable energy</u> production to bioarchitecture, eco-friendly lodgings focus on preserving the environment and have positive environmental effects. However, this is not all. Staying in eco-friendly tourism accommodations also **supports the local economy**. In fact, most environmentally friendly lodgings offer zero-

kilometer, <u>organic food</u>.













Solar thermal panels for hot water



Water flow reducers



Recovery & reuse of rainwater

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> Do Respect the local culture

▶請尊重當地的民俗文化

The best way to show appreciation for the place you visit is to be respectful

of their way of life. Before you go, spend time researching the history and culture – acknowledging both the positive and negative.





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Treat wildlife and animals with respect

▶請善待且尊重野生動植物

Getting up close and personal with wildlife is often a highlight for tourists when they go abroad. This is why activities like visiting an elephant sanctuary, swimming with dolphins, and going on a safari are so popular.

But because animal encounters are such a sought-after experience, there's plenty of

space for animals to end up exploited for the sake of tourism.





